



Monday Morning Briefing

Mendocino Coast District Hospital

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Written by Raymond Hino, C.E.O.

www.mcdh.org

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MCDH Signs New Agreements with Blue Cross and Blue Shield

Mendocino Coast District Hospital is pleased to announce that new agreements have signed with both Blue Cross and Blue Shield of California. In separate agreements, the Blue Shield agreement became effective on August 1, 2007 and is a 2-year contract. The Blue Cross agreement will become effective on December 1, 2007 and is a 5-year contract. Both new contracts provide for annual increases for the entire term. "We are very happy with the new terms," said MCDH CFO Wayne Allen. "The new contracts lock us into rate increases well above the expected CPI for the next several years." With these new agreements individuals and businesses that use Blue Cross or Blue Shield for their health insurance plans, can be assured that they will continue to have access to the many medical services provided by MCDH for many years to come.



Karaoke Night This Friday Night

The next MCDH Family Karaoke Night is planned to be held this Friday night, October 26. Employees should plan to eat dinner before arriving and bring a finger food dessert to share. Since this will be the weekend before Halloween, you may wear a costume and join in the fun. The event will begin at 5:30 p.m. and end at 8:00 p.m. The Karaoke nights have been a lot of fun for family and friends.

October is National Physical Therapy Month

Submitted by Sarah Wagner

Join us in the Rehab Gym October 29th for a Rehab Department Open House. We will have information regarding employee use of the Gym, and Ergonomics in Occupational Therapy. Also come talk to our new Speech Therapist, Cynthia Audo about speech services at MCDH. Special treats too...11-12:30 Monday October 29th Questions? Call Sarah Wagner at X670 or leave a voicemail at X251

Winesong!

**Annual Products Sale
(T-Shirts, Hats, Vests, Mugs, Posters,
More)**

**Friday, October 26
Neva Cannon Room
9:00 a.m. to 1:00 p.m.**

70 Days to Smoke Free Campus

Effective January 1, 2008 Mendocino Coast District Hospital will follow the trend of many of the leading hospitals in the United States and convert to a Smoke Free Campus. Employees that have questions or concerns should contact Raymond Hino in Administration.



Upcoming Schedule of Events

- Oct 23 MCDH Finance Committee
- Oct 25 MCDH Board of Directors Meeting